

July News



Welcome back for Term 3!

Welcome back to our CDB Dance students for a wonderful Term 3. We hope you all had a wonderful break and are feeling ready for another exciting term of dance.

Term 3 Focus

This term, we shift our focus from technique and syllabus work and move into the performance half of the year.

A lot of emphasis, this term, will go into creating and putting together each groups dance routines for our upcoming Studio show – **Around the World**.

Our classes will centre around the following:

- Learning all the dance choreography for the show
- Perfecting the routines through repetition
- Working on precision and perfecting dance steps
- Working on patterns and Team work
- Learning Retention skills
- Enhancing their dance skills and technique

Show time is a very festive, happy time in the studio. It is always a lot of fun, but also a lot of hard work and commitment. But it is all so worth it when we see the growth and confidence students gain from this process.

Important Dates to Diarise

- Photoshoot 19th September
- Show 24th October

More information about our upcoming show will be sent out to parents at the end of July.

Term 2 in Review



Term 2 was a very busy and rewarding term, filled with learning, performances, celebrations and wonderful opportunities for our dancers.

From working hard in class on their technique and syllabus work to taking part in our Studio Stretch Challenge, to celebrating CDB Dance's 3rd birthday, performing at Saltwater Community Centre's 10th Anniversary Celebration and finishing off the term with a fun day exploring different styles of dance.

It was certainly a jam-packed, term, juggling it all. But it was incredibly worthwhile, seeing what our students gained from these different experiences.

Studio Events

Saltwater's 10th Anniversary Celebration!

One of the big events for the term was the Saltwater Community Centre's 10th Anniversary Celebration, where we asked some of the groups to perform.

It was a wonderful day of celebration, with many of the different hirers from the past 10 years, had their groups perform for the community.

Our dancers did a fantastic job and represented the studio beautifully. It was a lovely day and provided our dancers with another chance to build their confidence and performance skills while dancing in their studio home. We are incredibly proud of everyone who took part!



Saltwater 10th Anniversary

A FEW PICTURES FROM THE SALTWATER COMMUNITY CENTRE'S 10TH ANNIVERSARY CELEBRATION



Stretch Challenge

Last term, we held our Stretch Challenge to encourage our students to work on improving their flexibility through regular practice at home. A huge well done to everyone who took part!

I was so impressed by how many of our students got involved. In fact, we ended up with multiple winners, who all did their stretching homework every single day!

Congratulations to Sadie, Kate, Adriana, Cleo, Anisah, Maira, Vaani and Blaze, who all showed such fantastic commitment.

If you haven't quite finished your 30-Day Stretch Challenge, there is still time. Simply complete your sheet and bring it to class. I have a small treat waiting for all who complete it.

I hope this challenge has helped our dancers realise that even a few minutes of stretching each day can make a big difference and hope they continue making stretching part of their weekly practise.



End of Term Fun

We finished Term 2 with a fun dance day, where our students had the opportunity to learn a bit of Spanish, Indian, and Tap dance, as we begin to get excited for our Around the World Show.

Our students embraced each style with enthusiasm, challenging themselves by trying something new, and did an amazing job. Well done to everyone who took part.



Past Events



VDF

We were thrilled to have some of our dancers attend the Victorian Dance Festival this past term. It was an incredible opportunity for them to learn from a variety of renowned choreographers from all around world, experience different dance styles, and be inspired.

Next year, we would love to have even more of our students attend!

Cecchetti Gala

Later this year, some of our dancers will have the exciting opportunity to perform at the Cecchetti Gala.

As part of this experience, our senior dancers learnt combined choreography alongside dancers from other schools under the guidance of renowned choreographers.

We are incredibly proud of their hard work and dedication, giving up their holiday and representing the studio so beautifully.

We look forward to seeing them perform on the stage later this year.

Holiday Events

During the July Holidays, we hosted a 3 day **Sleeping Beauty Dance Workshop**. Over the 3 days, students learnt choreography from the ballet, learnt story telling and mime, and also got to work with props. The students did an amazing job and can be very proud in what we were able to achieve in such a short time.



We also held an **Island Princess Workshop**, inspired by the new Moana movie. We had a blast learning choreography to the new songs, getting creative with crafts, enjoying a fun-filled day. Thank you to everyone who joined us.



Upcoming



BALLET BUN CHALLENGE

This term, we will be doing a Ballet Bun Challenge!

Ballet etiquette is an important part of dance training. So we want to encourage our ballet students, especially our older dancers, to start doing their own buns for class.

Learning to prepare for class independently is an important part of becoming a dancer. If students need help - bring your hairbrush, ties, pins, net, or a scrunchie to class, and we will help them.

WYNDHAM LEARNING FESTIVAL

Later this term, we're excited to once again be hosting an Adult Ballet Class as part of the **Wyndham Learning Festival**.

It's always a lovely morning, welcoming adults into the studio to experience the joy of ballet in a relaxed, and supportive environment.

Whether you're a complete beginner or returning to dance after many years, everyone is welcome to come along and give ballet a try.



Adult **CLASS**
BALLET

4TH SEPTEMBER

11:30 - 12:30

Saltwater Community Centre

September Holiday Workshops

We'll be running two workshops over the September holidays.
Dates and Times still to be confirmed.



MJ Workshop

With the release of the new Michael movie, we have had many of the children trying out the moonwalk and some of Michael Jackson's iconic dance moves.

So I thought it would be a perfect theme for our next workshop and getting to work on choreography inspired by the 'King of Pop'.

Teddy Bears Picnic

For our Tiny Tots, we will be doing a Teddy Bears Picnic Workshop!

Bring along their favourite teddy bear for a fun-filled day of dancing, crafts, and teddy themed activities.

This workshop should be a lot of fun dancing with a cuddly companion!



CDB Dance Parties

With the continued success of our holiday workshops, we're excited to announce that we are now offering CDB Dance Parties!

Just like our holiday workshops, our dance parties offer a variety of themes, with dances, games, and activities designed to create a memorable celebration.

If you'd like to book a CDB Dance Party, or if you know someone who may be interested, please let us know. We would really appreciate it if you could help spread the word.



So here is to a fantastic Term 3. We are looking forward to another exciting and rewarding term filled with learning, growth, and wonderful memories.